#HereForYou schools' social media campaign: Week 1

DAY 1 Single Point of Access (SPA)

Link: Kent Resilience Hub Hashtags: #KentTogether, #HereForYou



If you are concerned about a young person's mental health and are not sure what extra help is needed you can call the Single Point of Access (SPA) ON 0300 1234496. The SPA is there to help you explore the difficulties and find the most appropriate response. We are still #HereForYou.

You can also access useful resources and service information at <u>www.kentresiliencehub.org.uk</u> #KentTogether