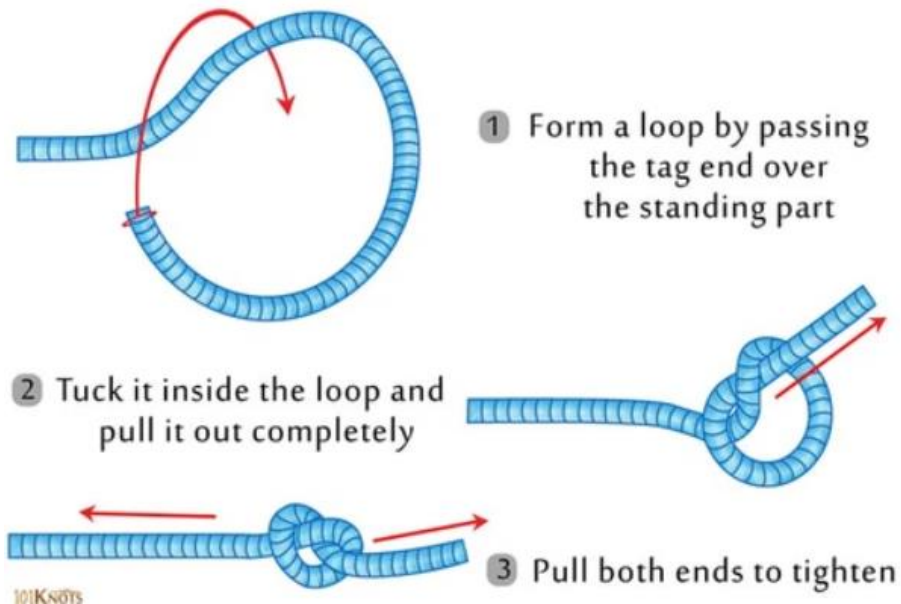


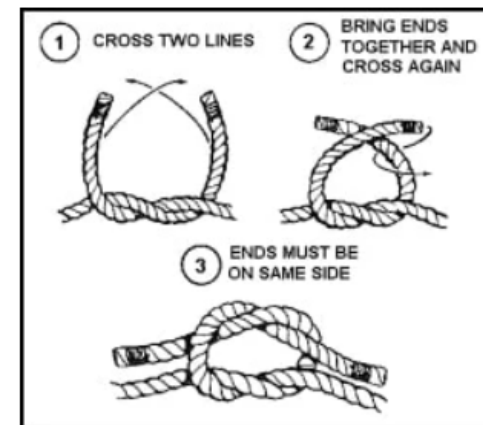


# Overhand Knot Instructions



## 2. The Square Knot

The square knot is another kandi knot that I like to use. It's basically one overhand knot on top of another overhand knot. Like I said, it's great for more slippery materials and for more stability.



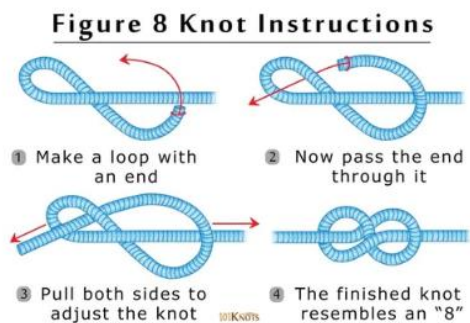
#### 4. The Figure 8 Knot

Another kandi knot I like to use is the figure 8 knot. I use this one when tying off bigger creations like cuffs. The most well known use for this knot is in rock climbing. If rock climbers trust this knot to keep them from falling to their deaths, then I trust this knot to keep my cuffs from exploding into oblivion.

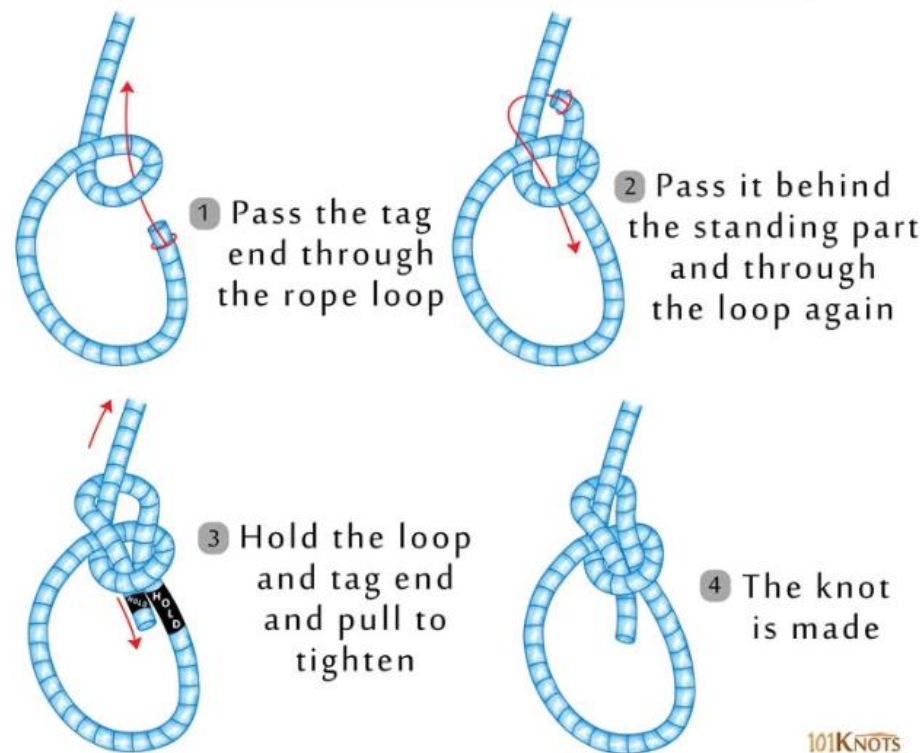
My favorite way I've heard someone teach a figure 8 knot is to:

- 1) Make an alien with the rope (or string in this case)
- 2) Strangle the alien
- 3) Poke the alien through the eye away from you. Simple!

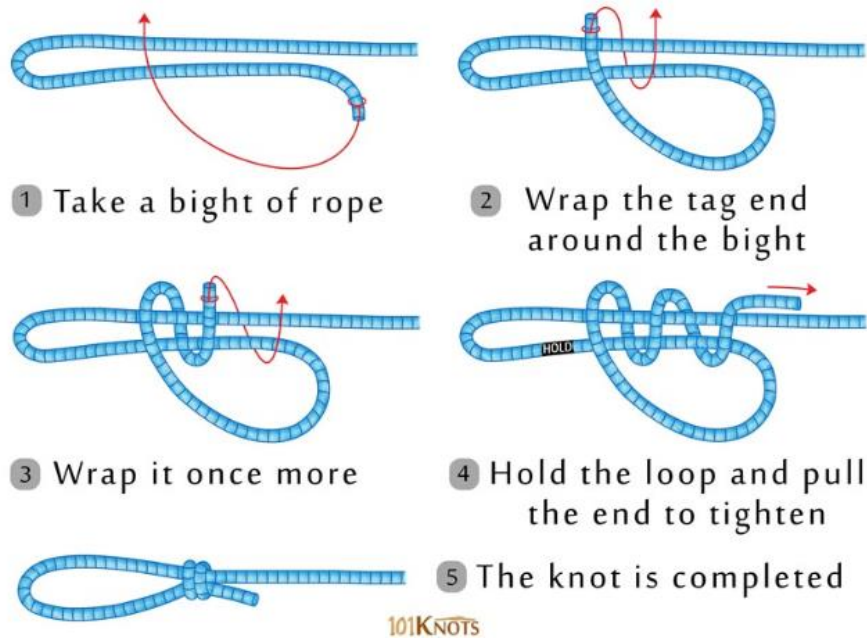
...Annnnd that probably didn't make any sense to you. In case that's true (and let's be real, it probably is), here is a handy diagram:



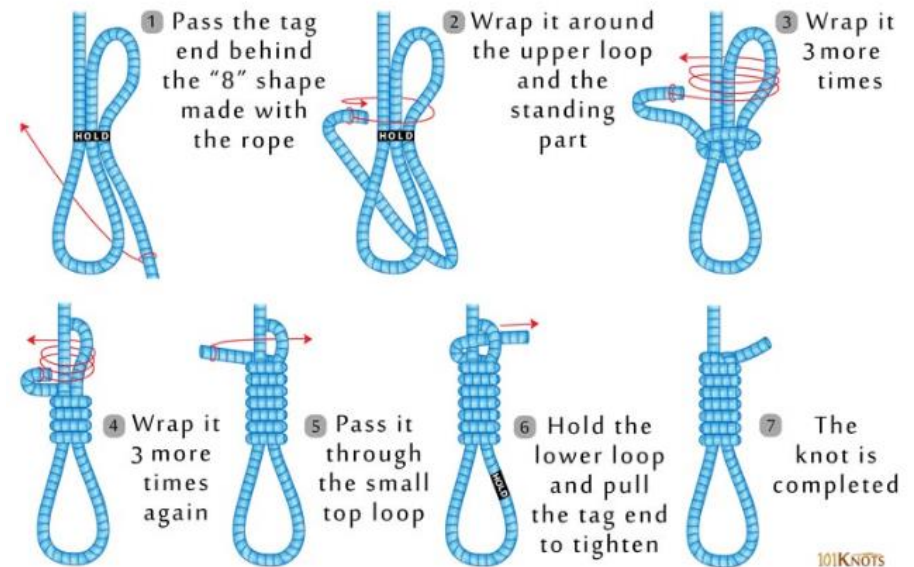
## Bowline Knot Directions



## Slip Knot Instructions



## Hangman's Knot Instructions







*Slip Knot*



*Noose*



*Half Hitch*



*Square Knot*

# BASIC Knots



*Figure Eight Knot*



*Sheet Bend*



*Half Knot*



*Overhand Knot*