

LO: I can recognise my feelings

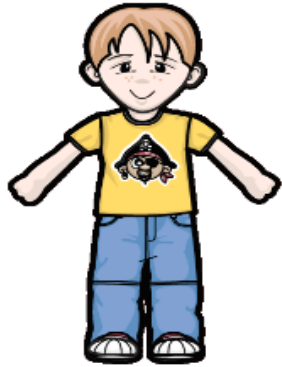
Date 27/01/21

Draw a picture in each box to show when you felt happy and sad. Then complete each sentence below.

I was happy when

I was sad when

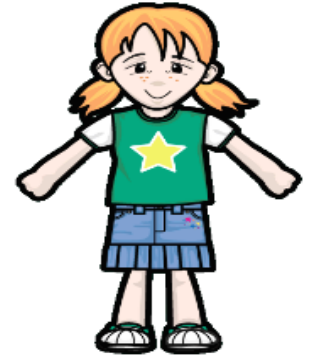
LO: To find out what to do when I feel sad.



What can I do when I feel sad?

GOLDEN RULES

It helps me to feel better
It doesn't hurt me or anyone else



Write some solutions in the box.

Recognising Feelings



Is the lady happy or sad?



Is the baby sad or happy?



Is the little girl happy or sad?



Is the man sad or happy?



Is the girl happy or sad?

