

Experience Title If You're Happy and You Know It

Rationale: To explore the text Ruby's Worry and recognise that we have different feelings. The classes will be introduced to a worry box and will know that talking about our worries helps them to shrink and disappear. The children will also explore the texts On Sudden Hill and The Dot. These texts will enable the children to develop their personal, social and emotional skills focusing on friendship and self-esteem. Through their 'Understanding of The World' learning, they will learn about events in the past. The animated clip "Poppies" will help them to understand why we have Remembrance Day.

Prior Learning: Most children will be able to recognise when they feel happy and sad and will perhaps have talked about feelings at home or in a pre-school setting. They will have some experience of making new friends at school and are beginning to deal with friendship issues. Children may have some previous experience of Remembrance Day if this has been discussed at home or in a previous setting.
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Hook: Worry Box

Outcome: Photographs of children's learning shared with parents on Tapestry Successful use of Worry Box if required
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CLA (Core Learning Area)

Personal, Social and Emotional Development:

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| <ul style="list-style-type: none">• To express their feelings and consider the feelings of others.• To identify and moderate their own feelings socially and emotionally.• To see themselves as a valuable individual.• To build constructive and respectful relationships. |
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Communication and Language:

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| <ul style="list-style-type: none">• To learn and use new vocabulary throughout the day• To engage in story times.• To listen to and talk about stories to build familiarity and understanding.• To retell the story, once they have developed a deep familiarity with the text; |
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- Homework for Term 2:
 1. Talk to a grown up about what is going on in the picture. How are the people feeling? Are they all feeling the same?
 2. Create a picture of a poppy to commemorate Remembrance Day
 3. Find a cardboard box. What can you turn your box into?
 4. Watch the film Inside Out.

Key Questions:

- Can you describe how you are feeling?
- Which feelings do you like?
- What can you do if you have a feeling you don't like?
- What are you proud of about yourself?