

# Weekly Meal Planner

## Week 1

Date 17th April



Weekday	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<b>Main</b>	FISH FINGERS	HAM PIZZA	GAMMON	SAVOURY MINCE	CHICKEN TIKKA WRAPS	
<b>Vegi</b>	VEGETABLE FINGERS	CHEESE /TOMATO PIZZA	QUICHE	QUORN MINCE	BAKED BEAN LASAGNE	
<b>Potato/pasta</b>	CHIPS	JACKET WEDGES	ROAST POTATOES	MASHED POTATO	RICE	
<b>Vegetables</b>	BAKED BEANS	VEGETABLES/SALAD	VEGETABLES/SALAD	VEGETABLES/SALAD	VEGETABLES/SALAD	
<b>Pudding</b>	BIRTHDAY CAKE	PEACHES/CUSTARD	LEMON DRIZZLE CAKSAVOURY MINCE	JAM TART/CUSTARD	JELLY	